



# Community Unlimited 21st Century B.L.A.S.T.

## February 2010

**Michigan Department of Education-CACFP**

**SUPPER MENU**

| Sunday | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday |
|--------|---|---|--|--|--|----------|
|        | 1   | 2   | 3  | 4  | 5  | 6        |
|        | NO PROGRAM  | NO PROGRAM  | NO PROGRAM   | NO PROGRAM   |  |          |
| 7      | 8   | 9   | 10   | 11   | 12   | 13       |
|        | Hamburger<br>on a bun<br>Applesauce<br>Carrots<br>Choc Milk   | Sandwich Meat w/<br>condiments<br>Banana/Mixed Veg.<br>Bread/Marg<br>White Milk | Yogurt<br>Grape Juice/Orange<br>Graham Crackers<br>White Milk      | PBJ<br>Apple<br>Carrots/Ranch<br>White Milk                          | EMERGENCY MEALS<br>String Cheese<br>Saltine Crackers<br>Fruit Juice- Fruit/Nut Mix<br>Milk |          |
| 14     | 15  | 16  | 17   | 18   | 19   | 20       |
|        | NO PROGRAM  | BBQ RIB on a bun<br>Peaches<br>Green Beans<br>White Milk                        | String Cheese<br>Apples<br>Carrots/Ranch<br>Crackers<br>White Milk | Hard Boiled Egg<br>Raisins/Fruit Juice<br>Bread/Butter<br>White Milk |  |          |
| 21     | 22  | 23  | 24   | 25   | 26   | 27       |
|        | Yogurt<br>Grape Juice/Orange<br>Graham Crackers<br>White Milk |   | Hamburger<br>on a bun<br>Mixed Fruit<br>Carrots<br>Choc Milk       |  |  |          |
| 28     |   |   |  |  |  |          |

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