



# Community Unlimited 21st Century B.L.A.S.T.

# March 2010

## Michigan Department of Education-CACFP

## SUPPER MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Hot Dog on a Bun Peas Apricots Choc Milk	2 Chicken Tenders Mixed Vegetables Mixed Fruits White Milk	3 String Cheese Apples Carrots/Ranch Crackers White Milk	4 Hard Boiled Egg Raisins/Fruit Juice Bread/Butter White Milk	5	6
7	8 Hamburger on a bun Applesauce Carrots Choc Milk	9 Sandwich Meat w/ condiments Banana/Mixed Vegetable Bread/Marg White Milk	10 Yogurt Orange Grape Juice Graham Crackers White Milk	11 PBJ Sandwich Apple Carrots/Ranch White Milk	12 EMERGENCY MEALS String Cheese Saltine Crackers Fruit Juice- Fruit/Nut Mix Milk	13
14	15 Hot Dog on a Bun Peas Cinnamon Applesauce Choc Milk	16 BBQ Rib/Bun Peaches Green Beans White Milk	17 String Cheese Apples Carrots/Ranch Crackers White Milk	18 Hard Boiled Egg Raisins/Fruit Juice Bread/Butter White Milk	19	20
21	22 Hamburger/Bun Mixed Fruit Carrots Choc Milk	23 Chicken Patty Pears Corn White Milk	24 Yogurt Orange Grape Juice Graham Crackers White Milk	25 PBJ Sandwich Apple Carrots/Ranch White Milk	26	27
28	29 Hot Dog on a Bun Peas Apricots Choc Milk	30 Chicken Tenders Mixed Vegetables Mixed Fruits	31 String Cheese Apples Carrots/Ranch Crackers White Milk			

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